

Free Community EQ Café

Join us for an interactive exploration of emotional intelligence - its workings and benefits.

We are half way through the year! How are your plans unfolding? Emotional intelligence is responsible for the majority of success in creating positive change in personal and professional life. So how can we develop our EQ (emotional quotient). One key is to identify your unique talents and apply those in new ways. Join this insightful, interactive EQ Café to practice emotional intelligence with others in your community.



- **Who:** Anyone interested in practicing emotional intelligence -- for themselves, at work/home/school or as a coach/trainer/educator.
- **What:** Free workshop
- **When:** June 16th 5:30-7:00
- **Where:** SFCC Board Room (main building)
- **How:** Save your space by emailing: Zach Taylor zach@rehumanizingeducation.org (505) 231-1698
Or Camille Adair Camille@CamilleAdair.com (505) 470-3838

EQ Café Network Leaders



Zach is a Co-Founder of Re: Humanizing Education, an organization dedicated to high quality professional development in the field of Social Emotional Learning and Mindfulness. Zach has been thoughtfully working in education (with all age groups) for over fifteen years and currently serves as the Program Director for The MASTERS Program Charter High School in Santa Fe, New Mexico. He is a certified Emotional Intelligence Coach/Consultant and Adjunct Professor at the Santa Fe Community College.



Camille Adair, RN is a speaker, consultant and coach working to 'humanize health care through relationship.' Camille is the producer and director of the award-winning documentary, Solace: Wisdom of the Dying and the Solace Teachings End-of-Life training program. She is certified in emotional intelligence, systemic and family constellation work and has formal training in mindfulness practice. Camille is a 2015-2016 American Nurses Advocacy Institute (ANAI) Fellowship Candidate and the Healthy Nurse, Healthy NM Interest Group Chair with the New Mexico Nurses Association.

EQ Cafe is co-sponsored by 6 Seconds and The MASTERS Program Charter High School